21 400m Freestyle Women Final

Rank	Competitor	Age	Club	RT	PTS	Result
1	🇳🇿 Milly Lietze	15	SDS			4:45.48 Entry: 4:51.18 -5.70

25m:	50m: 31.75 (31.75)	75m:	100m: 1:07.18 (1:07.18)
125m:	150m: 1:43.71 (1:43.71)	175m:	200m: 2:20.69 (2:20.69)
225m:	250m: 2:57.20 (2:57.20)	275m:	300m: 3:33.98 (3:33.98)
325m:	350m: 4:11.09 (4:11.09)	375m:	400m: 4:45.48 (4:45.48)

Rank	Competitor	Age	Club	RT	PTS	Result
2	🇳🇿 Shyla Kennard	16				4:47.45 Entry: 4:52.46 -5.01

25m:	50m: 31.75 (31.75)	75m:	100m: 1:07.15 (1:07.15)
125m:	150m: 1:42.73 (1:42.73)	175m:	200m: 2:19.25 (2:19.25)
225m:	250m: 2:56.39 (2:56.39)	275m:	300m: 3:34.10 (3:34.10)
325m:	350m: 4:11.86 (4:11.86)	375m:	400m: 4:47.45 (4:47.45)

Rank	Competitor	Age	Club	RT	PTS	Result
3	🇳🇿 Keira Watt	14	Wharenui			4:48.67 Entry: 4:55.06 -6.39

25m:	50m: 33.06 (33.06)	75m:	100m: 1:10.21 (1:10.21)
125m:	150m: 1:47.30 (1:47.30)	175m:	200m: 2:24.09 (2:24.09)
225m:	250m: 3:01.05 (3:01.05)	275m:	300m: 3:37.57 (3:37.57)
325m:	350m: 4:13.89 (4:13.89)	375m:	400m: 4:48.67 (4:48.67)

Rank	Competitor	Age	Club	RT	PTS	Result
4	🇳🇿 Elliot Watson	16				4:49.21 Entry: 4:53.87 -4.66

25m:	50m: 32.86 (32.86)	75m:	100m: 1:08.01 (1:08.01)
125m:	150m: 1:44.64 (1:44.64)	175m:	200m: 2:21.65 (2:21.65)
225m:	250m: 2:59.23 (2:59.23)	275m:	300m: 3:36.63 (3:36.63)
325m:	350m: 4:13.48 (4:13.48)	375m:	400m: 4:49.21 (4:49.21)

Rank	Competitor	Age	Club	RT	PTS	Result
5	🇳🇿 Grace Brooking	16	Wharenui			4:50.53 Entry: 4:55.50 -4.97

25m:	50m: 31.86 (31.86)	75m:	100m: 1:07.48 (1:07.48)
125m:	150m: 1:43.67 (1:43.67)	175m:	200m: 2:20.84 (2:20.84)
225m:	250m: 2:58.37 (2:58.37)	275m:	300m: 3:35.85 (3:35.85)
325m:	350m: 4:14.05 (4:14.05)	375m:	400m: 4:50.53 (4:50.53)

Rank	Competitor	Age	Club	RT	PTS	Result
6	🇳🇿 Cara Hardwick	15				4:51.44 Entry: 4:57.77 -6.33

25m:	50m: 31.62 (31.62)	75m:	100m: 1:45.57 (1:45.57)
125m:	150m: 2:23.42 (2:23.42)	175m:	200m: 3:01.89 (3:01.89)
225m:	250m:	275m:	300m: 3:40.00 (3:40.00) 325m:
350m: 4:18.24 (4:18.24)	375m:	400m: 4:51.44 (4:51.44)	

Rank	Competitor	Age	Club	RT	PTS	Result
7	🇳🇿 Rina Bang	14	NORTH SHORE SWIMMING			4:51.70 Entry: 4:56.77 -5.07

25m:	50m: 32.96 (32.96)	75m:	100m: 1:09.18 (1:09.18)
125m:	150m: 1:46.71 (1:46.71)	175m:	200m: 2:24.70 (2:24.70)
225m:	250m: 3:02.45 (3:02.45)	275m:	300m: 3:40.01 (3:40.01)
325m:	350m: 4:16.92 (4:16.92)	375m:	400m: 4:51.70 (4:51.70)

Rank	Competitor	Age	Club	RT	PTS	Result
8	🇳🇿 Lilah Eagar	15				4:52.25 Entry: 4:56.12 -3.87

25m:	50m: 32.05 (32.05)	75m:	100m: 1:07.64 (1:07.64)
125m:	150m: 1:44.46 (1:44.46)	175m:	200m: 2:22.16 (2:22.16)
225m:	250m: 3:00.09 (3:00.09)	275m:	300m: 3:38.12 (3:38.12)

		350m: 4:16.23 (4:16.23)	375m:	400m: 4:52.25 (4:52.25)	

9 🇳🇿 Zoe Omundsen — 14

4:52.95
Entry: 4:55.94   -2.99

25m:	50m: 33.19 (33.19)	75m:	100m: 1:10.17 (1:10.17)
125m:	150m: 1:47.16 (1:47.16)	175m:	200m: 2:24.36 (2:24.36)
225m:	250m: 3:02.03 (3:02.03)	275m:	300m: 3:39.64 (3:39.64)
325m:	350m: 4:16.95 (4:16.95)	375m:	400m: 4:52.95 (4:52.95)

10 🇳🇿 Sophie Fuller — 15

4:53.08
Entry: 5:05.08   -12.00

25m:	50m: 32.80 (32.80)	75m:	100m: 1:09.69 (1:09.69)
125m:	150m: 1:47.58 (1:47.58)	175m:	200m: 2:25.65 (2:25.65)
225m:	250m: 3:02.75 (3:02.75)	275m:	300m: 3:40.06 (3:40.06)
325m:	350m: 4:17.20 (4:17.20)	375m:	400m: 4:53.08 (4:53.08)

11 🇳🇿 Eleanor Gollan — 15

4:55.75
Entry: 4:56.76   -1.01

25m:	50m: 33.67 (33.67)	75m:	100m: 1:09.84 (1:09.84)
125m:	150m: 1:47.08 (1:47.08)	175m:	200m: 2:25.19 (2:25.19)
225m:	250m: 3:03.72 (3:03.72)	275m:	300m: 3:41.90 (3:41.90)
325m:	350m: 4:19.81 (4:19.81)	375m:	400m: 4:55.75 (4:55.75)

12 🇳🇿 Maddy St Just — 15

4:56.03
Entry: 4:58.01   -1.98

25m:	50m: 33.19 (33.19)	75m:	100m: 1:09.99 (1:09.99)
125m:	150m: 1:47.98 (1:47.98)	175m:	200m: 2:26.35 (2:26.35)
225m:	250m: 3:04.88 (3:04.88)	275m:	300m: 3:42.19 (3:42.19)
325m:	350m: 4:20.02 (4:20.02)	375m:	400m: 4:56.03 (4:56.03)

13 🇳🇿 Tasmin Henricks — 13

4:57.27
Entry: 5:02.24   -4.97

25m:	50m: 33.24 (33.24)	75m:	100m: 1:10.01 (1:10.01)
125m:	150m: 1:47.95 (1:47.95)	175m:	200m: 2:26.39 (2:26.39)
225m:	250m: 3:04.54 (3:04.54)	275m:	300m: 3:42.88 (3:42.88)
325m:	350m: 4:21.66 (4:21.66)	375m:	400m: 4:57.27 (4:57.27)

14 🇳🇿 Brynn Sugar — 14

4:57.46
Entry: 4:55.44   +2.02

25m:	50m: 33.53 (33.53)	75m:	100m: 1:10.61 (1:10.61)
125m:	150m: 1:48.56 (1:48.56)	175m:	200m: 2:26.75 (2:26.75)
225m:	250m: 3:05.02 (3:05.02)	275m:	300m: 3:43.79 (3:43.79)
325m:	350m: 4:21.48 (4:21.48)	375m:	400m: 4:57.46 (4:57.46)

15 🇳🇿 Liliana Perrett — 14

4:57.51
Entry: 4:59.42   -1.91

25m:	50m: 31.71 (31.71)	75m:	100m: 1:08.15 (1:08.15)
125m:	150m: 1:46.60 (1:46.60)	175m:	200m: 2:24.96 (2:24.96)
225m:	250m: 3:03.04 (3:03.04)	275m:	300m: 3:41.74 (3:41.74)
325m:	350m: 4:20.60 (4:20.60)	375m:	400m: 4:57.51 (4:57.51)

16 🇳🇿 Cadence Gilmo — 16

4:57.81
Entry: 4:52.39   +5.42

25m:	50m: 33.53 (33.53)	75m:	100m: 1:09.64 (1:09.64)
125m:	150m: 1:47.66 (1:47.66)	175m:	200m: 2:26.05 (2:26.05)
225m:	250m: 3:04.21 (3:04.21)	275m:	300m: 3:42.31 (3:42.31)
325m:	350m: 4:20.87 (4:20.87)	375m:	400m: 4:57.81 (4:57.81)

17 🇳🇿 Hadassah Hum — 16

4:58.02
Entry: 4:49.40   +8.62

25m:	50m: 33.80 (33.80)	75m:	100m: 1:10.41 (1:10.41)			
125m:	150m: 1:47.49 (1:47.49)	175m:	200m: 2:25.60 (2:25.60)			
225m:	250m: 3:03.92 (3:03.92)	275m:	300m: 3:42.82 (3:42.82)			
325m:	350m: 4:21.76 (4:21.76)	375m:	400m: 4:58.02 (4:58.02)			

18 🇳🇿 Madison Dettlin — 14 — NORTH SHORE SWIMMING — 4:58.72 — Entry: 5:03.65 — -4.93

25m:	50m: 34.19 (34.19)	75m:	100m: 1:11.74 (1:11.74)
125m:	150m: 1:51.09 (1:51.09)	175m:	200m: 2:29.92 (2:29.92)
225m:	250m: 3:08.24 (3:08.24)	275m:	300m: 3:46.73 (3:46.73)
325m:	350m: 4:25.56 (4:25.56)	375m:	400m: 4:58.72 (4:58.72)

19 🇳🇿 Madeleine Tapp — 13 — Wharenui Swimming Club — 4:59.63 — Entry: 4:58.15 — +1.48

25m:	50m: 33.86 (33.86)	75m:	100m: 1:11.22 (1:11.22)
125m:	150m: 1:49.56 (1:49.56)	175m:	200m: 2:27.80 (2:27.80)
225m:	250m: 3:06.44 (3:06.44)	275m:	300m: 3:44.90 (3:44.90)
325m:	350m: 4:23.43 (4:23.43)	375m:	400m: 4:59.63 (4:59.63)

20 🇳🇿 Rylee Jury — 13 — Liz Van Welie Aquatics — 5:00.47 — Entry: 5:08.78 — -8.31

25m:	50m: 32.76 (32.76)	75m:	100m: 1:09.48 (1:09.48)
125m:	150m: 1:46.94 (1:46.94)	175m:	200m: 2:25.05 (2:25.05)
225m:	250m: 3:03.59 (3:03.59)	275m:	300m: 3:42.79 (3:42.79)
325m:	350m: 4:22.35 (4:22.35)	375m:	400m: 5:00.47 (5:00.47)

21 🇳🇿 Millie MacIntyre — 14 — Jorts Swim Team — 5:01.27 — Entry: 4:57.26 — +4.01

25m:	50m: 34.34 (34.34)	75m:	100m: 1:11.84 (1:11.84)
125m:	150m: 1:50.27 (1:50.27)	175m:	200m: 2:29.12 (2:29.12)
225m:	250m: 3:07.64 (3:07.64)	275m:	300m: 3:46.66 (3:46.66)
325m:	350m: 4:24.87 (4:24.87)	375m:	400m: 5:01.27 (5:01.27)

22 🇳🇿 Harriett Daly — 15 — 5:01.69 — Entry: 5:03.83 — -2.14

25m:	50m: 33.62 (33.62)	75m:	100m: 1:11.36 (1:11.36)
125m:	150m: 1:50.01 (1:50.01)	175m:	200m: 2:28.43 (2:28.43)
225m:	250m: 3:06.76 (3:06.76)	275m:	300m: 3:45.43 (3:45.43)
325m:	350m: 4:24.17 (4:24.17)	375m:	400m: 5:01.69 (5:01.69)

23 🇳🇿 Amber Corkin — 14 — Auckland ... Swimming Club — 5:01.86 — Entry: 5:04.55 — -2.69

25m:	50m: 33.16 (33.16)	75m:	100m: 1:10.33 (1:10.33)
125m:	150m: 1:48.38 (1:48.38)	175m:	200m: 2:27.08 (2:27.08)
225m:	250m: 3:06.20 (3:06.20)	275m:	300m: 3:45.08 (3:45.08)
325m:	350m: 4:24.24 (4:24.24)	375m:	400m: 5:01.86 (5:01.86)

24 🇳🇿 Alisa Sutthiphos — 13 — HPK ... — 5:02.57 — Entry: 4:59.41 — +3.16

25m:	50m: 34.58 (34.58)	75m:	100m: 1:12.11 (1:12.11)
125m:	150m: 1:49.98 (1:49.98)	175m:	200m: 2:29.02 (2:29.02)
225m:	250m: 3:07.65 (3:07.65)	275m:	300m: 3:46.35 (3:46.35)
325m:	350m: 4:25.64 (4:25.64)	375m:	400m: 5:02.57 (5:02.57)

25 🇳🇿 Nia Linyard — 15 — 5:02.60 — Entry: 5:02.42 — +0.18

25m:	50m: 35.20 (35.20)	75m:	100m: 1:12.80 (1:12.80)
125m:	150m: 1:51.09 (1:51.09)	175m:	200m: 2:29.84 (2:29.84)
225m:	250m: 3:08.59 (3:08.59)	275m:	300m: 3:47.45 (3:47.45)
325m:	350m: 4:26.04 (4:26.04)	375m:	400m: 5:02.60 (5:02.60)

26 🇳🇿 Ana Packham — 15 — 5:02.92 — Entry: 4:58.56 — +4.36

| | | | | 25m: | 50m: 33.95 (33.95) | 75m: | 100m: 1:10.76 (1:10.76) |
| | | | | 125m: | 150m: 1:48.73 (1:48.73) | 175m: | 200m: 2:27.76 (2:27.76) |

25m: 50m: 33.95 (33.95)   75m: 100m: 1:10.76 (1:10.76)
125m: 150m: 1:48.73 (1:48.73)   175m: 200m: 2:27.76 (2:27.76)
225m: 250m: 3:07.13 (3:07.13)   275m: 300m: 3:46.77 (3:46.77)
325m: 350m: 4:25.78 (4:25.78)   375m: 400m: 5:02.92 (5:02.92)

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27 🇳🇿 Elise Groot   14   Swim Timaru   **5:03.24**   Entry: 5:00.55   +2.69

25m: 50m: 34.60 (34.60)   75m: 100m: 1:12.81 (1:12.81)
125m: 150m: 1:51.49 (1:51.49)   175m: 200m: 2:29.45 (2:29.45)
225m: 250m: 3:08.35 (3:08.35)   275m: 300m: 3:46.81 (3:46.81)
325m: 350m: 4:25.46 (4:25.46)   375m: 400m: 5:03.24 (5:03.24)

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28 🇳🇿 Lexie Bankier   15   selwyn swim club   **5:03.45**   Entry: 5:05.35   -1.90

25m: 50m: 33.38 (33.38)   75m: 100m: 1:10.62 (1:10.62)
125m: 150m: 1:49.91 (1:49.91)   175m: 200m: 2:29.38 (2:29.38)
225m: 250m: 3:09.54 (3:09.54)   275m: 300m: 3:48.65 (3:48.65)
325m: 350m: 4:27.56 (4:27.56)   375m: 400m: 5:03.45 (5:03.45)

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29 🇳🇿 Nina Gerritsen   14   **5:03.59**   Entry: 5:05.98   -2.39

25m: 50m: 34.31 (34.31)   75m: 100m: 1:12.15 (1:12.15)
125m: 150m: 1:51.28 (1:51.28)   175m: 200m: 2:30.93 (2:30.93)
225m: 250m: 3:10.21 (3:10.21)   275m: 300m: 3:48.99 (3:48.99)
325m: 350m: 4:27.38 (4:27.38)   375m: 400m: 5:03.59 (5:03.59)

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30 🇳🇿 Kaia Prince   14   Queenstown Swimming Club   **5:06.21**   Entry: 5:05.14   +1.07

25m: 50m: 34.36 (34.36)   75m: 100m: 1:12.34 (1:12.34)
125m: 150m: 1:51.28 (1:51.28)   175m: 200m: 2:30.46 (2:30.46)
225m: 250m: 3:09.73 (3:09.73)   275m: 300m: 3:49.35 (3:49.35)
325m: 350m: 4:29.02 (4:29.02)   375m: 400m: 5:06.21 (5:06.21)

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31 🇳🇿 Salote Leca   14   **5:06.87**   Entry: 5:04.00   +2.87

25m: 50m: 33.28 (33.28)   75m: 100m: 1:09.67 (1:09.67)
125m: 150m: 1:47.10 (1:47.10)   175m: 200m: 2:25.98 (2:25.98)
225m: 250m: 4:26.57 (4:26.57)   275m: 300m: 325m:
350m: 375m: 400m: 5:06.87 (5:06.87)

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32 🇳🇿 Ruby Cheer   14   Wharenui   **5:06.94**   Entry: 5:08.56   -1.62

25m: 50m: 34.28 (34.28)   75m: 100m: 1:12.20 (1:12.20)
125m: 150m: 1:52.02 (1:52.02)   175m: 200m: 2:31.64 (2:31.64)
225m: 250m: 3:11.03 (3:11.03)   275m: 300m: 3:50.34 (3:50.34)
325m: 350m: 4:29.45 (4:29.45)   375m: 400m: 5:06.94 (5:06.94)

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33 🇳🇿 Alyssa Brethert   14   **5:08.10**   Entry: 5:03.28   +4.82

25m: 50m: 33.46 (33.46)   75m: 100m: 1:11.00 (1:11.00)
125m: 150m: 1:50.67 (1:50.67)   175m: 200m: 2:30.65 (2:30.65)
225m: 250m: 3:10.26 (3:10.26)   275m: 300m: 3:50.34 (3:50.34)
325m: 350m: 4:29.93 (4:29.93)   375m: 400m: 5:08.10 (5:08.10)

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34 🇳🇿 Alysha Jefferies   15   The Family Club   **5:09.11**   Entry: 4:58.94   +10.17

25m: 50m: 33.39 (33.39)   75m: 100m: 1:10.64 (1:10.64)
125m: 150m: 1:48.96 (1:48.96)   175m: 200m: 2:28.08 (2:28.08)
225m: 250m: 3:08.13 (3:08.13)   275m: 300m: 3:48.76 (3:48.76)
325m: 350m: 4:29.20 (4:29.20)   375m: 400m: 5:09.11 (5:09.11)

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35 🇳🇿 Olivia Calder-Ke   13   The Family Club   **5:09.85**   Entry: 5:05.49   +4.36

25m:	50m:	34.28 (34.28)	75m:	100m: 1:13.22 (1:13.22)
125m:	150m: 1:53.34 (1:53.34)	175m:	200m: 2:33.06 (2:33.06)
225m:	250m: 3:12.89 (3:12.89)	275m:	300m: 3:53.03 (3:53.03)
325m:	350m: 4:32.54 (4:32.54)	375m:	400m: 5:09.85 (5:09.85)

36 Eva Coe   13   5:14.79
Entry: 5:12.24   +2.55

25m:	50m:	34.52 (34.52)	75m:	100m: 1:13.04 (1:13.04)
125m:	150m: 1:53.00 (1:53.00)	175m:	200m: 2:33.19 (2:33.19)
225m:	250m: 3:14.67 (3:14.67)	275m:	300m: 3:54.84 (3:54.84)
325m:	350m: 4:35.59 (4:35.59)	375m:	400m: 5:14.79 (5:14.79)